

# RH Logic 400

Both health and performance improve when RH Logic 400 is used during computer work compared to other office chairs. This is demonstrated in a comprehensive research study conducted in Sweden by Chalmers University of Technology and Ergonomhuset in Gothenburg, together with Stockholm University.\*

In total 48 full-time employed office computer workers in two companies in Gothenburg participated in the study. Over a five week period, they changed their existing premium-brand office chair to the RH Logic 400. Additionally 36 people participated as a control group using their existing office chair.  
[www.rhchairs.co.uk](http://www.rhchairs.co.uk)

## PERFORMANCE

The RH chair affected the complete working situation positively:

**70%**

Improved working technique:

**75%**

## HEALTH

Decreased physical strain in the neck and shoulders after a few weeks of work in the chair:

**50%**

Decreased load in the lower back:

**33%**



\*The results from the full research study can be found in:  
Osvalder, A-L., Hedin, S. & Colmsjö, A. (2013). Evaluation of RH Logic 400 office chair. Influence on comfort, physical loads and performance during computer work. Research series from Chalmers University of Technology, Department of Product and Production Development, Division Design & Human Factors, Report no.78.  
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